

Lunch Menu

Lent term week 1 - sample menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bread	Fresh sliced bloomers, loaves and baguettes available daily!						
Hot and hearty	Minted Lamb Hotpot	Green Thai Chicken Curry	Minced Beef & Onion Pie	Chicken & Sweet Corn Pasta Bake	Battered Fish Or Breaded Chicken	Mexican Beef Wraps	Chef Carved Roast Beef
Something veggie	3 Bean Chilli With Nachos	Lentil, Mushroom & Spinach Lasagne	Mushroom & Paprika Frittata	Vegetable & Bean Casserole With Herb Dumplings	Roasted Red Pepper Quiche	Chickpea Griddle Cakes	Puff Pastry Crown With Ratatouille
On the side	Buttered New Green Beans	Coriander Rice Sweet corn	Mashed Potatoes Carrots & Peas	Herb Salad Garlic Bread	Chunky Chipped Potatoes Garden Peas	Tortilla Chips Tomato Salsa	Yorkshire Puddings Roast Potatoes Cabbage & Carrots
Jackets	Delicious crispy baked jacket potatoes with a range of fillings available daily!						
Salad bar	Daily selection of core items to include mixed leaves and fresh cut salad, with accompaniments, toppings and dressings, For pupils and staff to 'pick and mix' a salad of their choice to suit their own personal taste. Fresh baked bread to complete the offer!						
Pasta sauce	Roasted Red Onion & Tomato	Tomato & Fresh Basil	Spicy Tomato	Mushroom & Coriander	Cheese & Chive	Mediterranean	
Baguette Bar	Made to order baguette bar! Made to order baguettes! Choose your fillings from the daily menu.						
Something sweet	Pear Sponge & Chocolate Sauce	Dorset Apple Cake	Mixed Fruit Crumble & Custard	Warm Chocolate Fudge Cake	Apple & Cinnamon Strudel With Custard	Strawberry Cheesecake	Cherry Pie & Custard
Fresh fruit & yogurt pots	Fruit salad pots and selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Variety of homemade yogurt pots available daily.						

Lunch Menu

Lent term Week 2 – sample menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot and hearty	Chilli Con Carne	Braised Pork & Leek Sausage With Onion Gravy	Roast Chicken And Gravy	Herby Beef Lasagne	Crispy Battered Fish Or Fish Fingers	Moroccan Lamb Tagine	Roast Pork Apple Sauce
Something veggie	Spinach & Feta Roulade	Vegetarian Spaghetti Bolognaise	Vegetable Hot Pot	Tempura Battered Vegetables With Sweet Chilli Sauce	Quorn Fajitas With Mixed Leaf Salad & Sour Cream	Cheese & Red Onion Potato Pie	Vegetable Pie
On the side...	Mexican Rice & Tortilla Chips	Cheesy Mash Potato Peas Or Baked Beans	Buttered New Potatoes Medley Of Vegetables	Mixed Leaf Salad & Garlic Bread	Chipped Potatoes Or New Potatoes Garden peas	Lemon & Mint Cous Cous Green Beans	Roast potatoes Cabbage Stuffing Gravy
Jackets	Delicious crispy baked jacket potatoes with a range of fillings available daily!						
Salad bar	Daily selection of core items to include mixed leaves and fresh cut salad, with accompaniments, toppings and dressings, for pupils and staff to 'pick and mix' a salad of their choice to suit their own personal taste. Fresh baked bread to complete the offer!						
Pasta sauce	Roasted Vegetable	Garlic Mushroom	Spicy Tomato	Mature Cheddar	Herby Tomato	Carbonnara	
Baguette Bar	Made to order baguette bar! Made to order baguettes! Choose your fillings from the daily menu						
Something sweet	Apple & Sultana Crumble With Custard	Rice Pudding With Jam	Jam Sponge & Custard	Chocolate Shortbread & Vanilla Cream	Cherry & Almond Sponge With Custard	Jamaican Ginger Cake With Lemon Sauce	Rhubarb Crumble & Custard
Fresh fruit & yogurt pots	Fruit salad pots and selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Variety of homemade yogurt pots available daily.						

Lunch Menu

Lent term Week 3 – sample menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot and hearty	B.B.Q Pork With Vegetables	Chicken, Spinach & Red Lentil Curry	Chicken & Mushroom Pe	Spaghetti Bolognaise	Battered Fish Or Grilled Gammon	Chilli Beef Burrito With Corn Chips	Chef Carved Roast Beef Or Gammon
Something veggie	Leek & Mushroom Stroganoff With Rice	Vegetable Lasagne With Garlic Bread	5-a-Day Tagine With Cous Cous	Spanish Omelette	Macaroni Cheese	Vegetable Shepherd's Pie With Sweet Potato Mash	Creamy Vegetable
On the side	Egg Noodles Prawn Crackers	Turmeric Rice Poppudoms Mango Chutney	Roast New Potatoes Sliced Green Beans Sliced Carrots	Garlic Bread Green Salad	Chunky Chips Garden Peas	Spicy Wedges Salad & Salsa	Roast potatoes Parsnips Cabbage
Jackets	Delicious crispy baked jacket potatoes with a range of fillings available daily!						
Salad bar	Daily selection of core items to include mixed leaves and fresh cut salad, with accompaniments, toppings and dressings, for pupils and staff to 'pick and mix' a salad of their choice to suit their own personal taste. Fresh baked bread to complete the offer!						
Pasta sauce	Creamy Spinach	Tomato, Chilli & Coriander	Vegetable Bolognaise	Roasted Mixed Onion	Cheese Sauce	Mixed Herb & Sundried Tomato	
Baguette Bar	Made to order baguette bar! Made to order baguettes! Choose your filling from the daily menu.						
Something sweet	Bread & Pudding with Custard	Pear Sponge With Chocolate Sauce	Mixed Fruit Crumble & Custard	Chocolate Covered Crispy Cake	Apple Pie With Fresh Cream	Lemon Sponge & Hot Lemon Sauce	Assorted Cakes
Fresh fruit & yogurt pots	Fruit salad pots and selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Variety of homemade yogurt pots available daily.						