



**ST EDMUND'S  
SCHOOL**  
CANTERBURY



“

We have the opportunity to enjoy activities that we have never tried before and it is good to approach the weekend with academic work finished whilst at the same time having enjoyed Saturday morning at school.”

**Boarding pupil**

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Saturday mornings at school are great; we do not need to wear uniform and I really enjoy the cooked breakfast, have fun with friends and do all my prep”

**Day pupil**

## **Senior School Saturday Morning Programme**

**The Senior School runs an exciting and diverse enrichment programme on Saturday morning which is popular with all boarders and is open to day pupils too.**

A wide range of enjoyable, yet educational, activities and courses are offered each half term. Additionally, pupils from all year groups enjoy having breakfast and lunch together at the beginning and end of the sessions.



# Snapshot of activities

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| <b>English Workshop</b>                              | Delve into the world of literature with experts from the English Department. Pupils can choose which aspects to study to help lead to examination success or just for pleasure.   |
| <b>Open Music</b>                                    | Devoted time slots in specialised practice rooms for instrumentalists who need independent time with the regular input of specialist Music Department staff.  |
| <b>Research and Personal Study</b>                   | Using the extensive Library resources and our main IT suite, pupils can devote time on a Saturday making sure that all of their work is up to date with the school Librarian and a member of the teaching staff present to assist learning.                           |
| <b>First Aid Certificate</b>                         | A programme that helps pupils develop basic First Aid knowledge and skills in a fun and relevant way.   |
| <b>Open Sports</b>                                   | Sessions are run in the Sports Hall or on the all-weather Astroturf pitch. The focus is on pupil-led activity developing leadership and core skills. Popular sports include Basketball, Badminton and Football.   |
| <b>Open Art (including photography and ceramics)</b> | A considerable array of resources on offer in the Art Department is available for pupils to develop their creative ideas beyond the classroom or work on their examination coursework.  |
| <b>International Cuisine</b>                         | Pupils have the opportunity to develop their culinary skills under the guidance of Food Technology staff. A great preparation for Higher Education, with pupils learning the skills needed to cook fun, healthy food for themselves.                                  |
| <b>Creative Writing</b>                              | Two choices here. Either develop your writing skills with English as your second language or 'dabble' in the more experimental writing techniques that will extend your skills above examination level.   |
| <b>Design Workshop</b>                               | Many resources and specialist equipment on offer in the DT Department are available to this group. Pupils can develop creative ideas beyond the classroom or work on their examination coursework.  |
| <b>IELTS</b>   | This course prepares pupils whose first language is not English for the vital IELTS exams. Excellent for all international boarders.  |
| <b>Salsa Dancing</b>                                 | A short course in this, most expressive of dance styles. Get yourself ready for the "Strictly Come Dancing" call up!  |
| <b>Mindfulness and Meditation</b>                    | Mindfulness is a practice of present moment awareness. It increases our ability to see things as they arise clearly without judgement. Mindfulness facilitates both focusing and widening our attention as we become more aware of ourselves and the world around us. |
| <b>Robotics</b>                                      | For pupils who want to see how our world will work in the near future. Robotics will explore new technology and how to develop the associated programming skills. Get a 'head start' in this area with this introductory course.                                      |
| <b>Craft Skills</b>                                  | Time spent in a calm, creative environment, learning and developing traditional craft skills. Pupil led activities that have links to charitable work in the community.   |

