

| CANTERBURY                        |                                                                                     |                                       |                                   |                                        |                                                                                                    |                                                                |                                                        |
|-----------------------------------|-------------------------------------------------------------------------------------|---------------------------------------|-----------------------------------|----------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------|
| Week 1                            | Monday                                                                              | Tuesday                               | Wednesday                         | Thursday                               | Friday                                                                                             | Saturday                                                       | Sunday                                                 |
| Mains                             | Southern fried Chicken                                                              | Chunky Beef Ragu                      | BBQ Pork strips in a Wrap         | Lamb & Vegetable Pie                   | Prime beef patty, bacon pieces, hash brown & Cheese in a classic sesame bap                        | Pizza Night Pepperoni Ham & Mushroom                           | <b>Roast night</b><br>Loin of Pork, apple sauce, gravy |
| Meat free                         | Roasted Vegetable Tagine with Cous Cous                                             | Soya mince bolognaise                 | BBQ Stir Fry Vegetables in a wrap | Garlic Mushroom Risotto                | Spinach & Cheddar pattie, sticky fried red onions, sliced tomato & watercress                      | Cheese & tomato Pizza                                          | Pasta with sauce of the day                            |
| Jacket potatoes & Pasta available |  |                                       |                                   |                                        |                                                                                                    |                                                                |                                                        |
| On the side                       | Sauté New Potato Rawslaw                                                            | Tagliatelle Garlic Slice Tossed Salad | Cajun wedges Sweetcorn            | Herby roast Potatoes Baton Carrot Peas | Parmesan wedges Sautéed Mushrooms, Spinach & red Onions American chopped salad with ranch dressing | Onion Rings Salt & pepper Wedges Honey & Mustard Roasted Roots | Roast potatoes Carrots Sugar Snap Peas                 |
| Desserts                          | Strawberry & Mint Cheesecake                                                        | Spotted Dick & Custard                | Gypsy Tart                        | Caramel peach sponge & Custard         | Ice cream Bar toppings                                                                             | Fruit Bar with Greek yoghurt                                   | Rocky road                                             |
| Cold dessert                      | Daily Selection of potted desserts & Chopped fruits                                 |                                       |                                   |                                        |                                                                                                    |                                                                |                                                        |