Pre prep Lunch



Week I	Monday	Tuesday	Wednesday	Thursday	Friday	
Hot off the pass	Minced Beef Pasta bake Mushroom Pasta Bake	Butchers Choice Sausages with Caramelized Onions & Gravy Bubble & Squeak with a fried egg	Chicken thigh & gravy Cherry Tomato & Cheddar Tart	Spaghetti Bolognaise Sweet Potato, haricot bean & chard ragu	Battered Fish of the day with Lemon & tartare Fish fingers Chickpea & Mushroom Madras with rice	
On the side	Green Beans	Potato Wedges Peas Sliced Carrot	Cheddar mash Fine green Beans Cauliflower	Garlic Slice Sweetcorn Mixed Leaf salad	Chunky Chips Peas Baked Beans	
Something Sweet	Steamed syrup Sponge & Cream	Rice Pudding & Fruit Coulis	Gingerbread cake & cinnamon Cream	Orange & poppy seed Cake with Cream	Ice Cream tub	

Pre prep Lunch

Pots



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	
	Beef Burger in a	Honey Glazed Chicken thigh	Smokey Honeyed Barbeque Pork	Beef & Mushroom Casserole	Battered Fish of the day with Lemon & tartare Fish fingers	
Hot off the pass	Spicy Bean Burger in a Bap	Roasted pepper & Cherry Tomato risotto with Parmesan Shavings	Sweet Potato & Kale Curry	Sweet & Sour Vegetables	Courgette, Pepper & red Onion Frittata	
On the side	Skinny fries Fried Onion	Minted New Potatoes Broccoli Baton Carrots	Steamed Rice Green beans	Egg Noodles Garlic infused Greens	Chunky Chips Peas Baked Beans	
Something Sweet	Jam & Coconut Sponge with cream	Apple & Cherry pie & Custard	Chocolate Marble Sponge with vanilla Cream	Peach & Raspberry Crumble with Custard	Rice pudding with Jam	

Yoghurts, Chopped Fruit and Jelly

Pre prep Lunch



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	
	Chicken Korma	Turkey, Ham & Sweetcorn Pie	Chicken thigh & gravy	Stir fry pork	Battered Fish of the day with Lemon & tartare Fish fingers	
Hot off the pass	Vegetable, Chickpea & spinach Curry	Courgette, Pepper & Red Onion frittata	Creamy Mushroom & spinach lasagne	Sweet Chilli Vegetables & Tofu	Vegetable & Mixed Bean Quesadillas	
On the side	Steamed rice Fine Green Beans	Minted new Potatoes Braised Red Cabbage Peas	Herby Diced Potato Savoy cabbage sweetcorn	Egg Noodles Broccoli Baton carrots	Chunky Chips Peas Baked Beans	
Something Sweet	Chocolate Sponge with Chocolate Sauce	Lemon & blueberry drizzle cake with lemon Sauce	Apple & blackberry Crumble with Custard	Raspberry & white Chocolate Cake with cream	Maple Syrup cake with Custard	

Pots