



# Lunch

## WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Plum Tomato & Red pepper with spinach	Sweetcorn Chowder	Broccoli & stilton with toasted seeds	Sweet Potato & Coconut with Chilli jam	Cream of mushroom with tarragon Cream	"DELI"	SUNDAY BRUNCH
MAIN COURSE ONE	Mac 'n' Cheese with fried pepper & onion garnish	Beef Burger or Chicken Burger in a Bap	Slow cooked Chunky beef Chilli with Sour cream & Nacho's	Black Bean Pork & Mushrooms with Prawn Crackers	Battered Fish with Tartare & Lemon Wedge Fish fingers	Assorted Baguette & Focaccia	2oz Beef Burger Bacon Pork or Chicken Sausage
MAIN COURSE TWO	Vegetable, Tomato & Basil pasta Bake	Spicy Bean Burger in a Bap	Aubergine, Chickpea, Spinach Coconut Curry	Sweet & Sour Vegetables	Street Hot Dog Courgette, Red Onion & Pepper frittata	Pulled BBQ Pork Mozzarella Cheese Pastrami Samosa Roast Flat Mushroom	Vegetable Sausage Saute Potatoes Scrambled Egg Onion Rings
ON THE SIDE	Garlic Slice Pea 'n' Corn	Skinny Fries Saute Mushrooms Fried Onion	Steamed Rice Fine Green beans	Egg Noodles Trio of Garlic infused Greens	Chunky Chips Mushy Peas Chip Shop Curry sauce	Jacket Potatoes Deli Salads	Baked Beans Saute Mushrooms Toast Cereals
JACKET & PASTA BAR	Jacket Potatoes or Pasta with fresh sauces & toppers	Jacket Potatoes or Pasta with fresh sauces & toppers	Jacket Potatoes or Pasta with fresh sauces & toppers	Jacket Potatoes or Pasta with fresh sauces & toppers	Jacket Potatoes or Pasta with fresh sauces & toppers		
HOT DESSERT	Classic Steamed Jam Sponge with Custard	Mixed fruit Pie & Custard	Chocolate Marble Sponge with vanilla cream	Apple & rhubarb Crumble with Custard	Rice Pudding with Jam	Chocolate Rice Crispy square	
<small>FOUNDED IN 1997</small> <b>HOLROYD HOWE</b> <small>FEEDING INDEPENDENT MINDS</small>							

