



Lunch

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Smokey Corn & pepper	Use up Chunky Vegetable, Harissa & bean broth	Classic Minestrone with Parmesan	Cheesy Potato & Red Onion Veloute with Leeks	Warm spiced lentil Soup with Pesto	"DELI"	SUNDAY BRUNCH
MAIN COURSE ONE	Soya Mince & Bean Chilli with Chive Sour cream & Tortilla Chips	Butchers Choice Sausages with Caramelized Onions & Gravy	Chicken Tikka Masala	Rich Beef Bolognese	Battered Fish with Tartare & Lemon Wedge Fish fingers	Assorted Baguette's, Wraps	2oz Beef Burger Bacon Pork or Chicken Sausage
MAIN COURSE TWO	Mushroom, Black Bean with Tofu & Coriander with Chive Sour cream & Tortilla Chips	Bubble & Squeak with a fried egg	Vegetable & Lentil Madras	Italian Style Squash, Vegetable & chick pea Ragù with pesto	Pulled Chicken in a Bao Bun Pulled Jackfruit in a Bao Bun	Meatballs Mozzarella Cheese Salami Roasted Vegetables Haloumi Slices	Vegetable Sausage Potato Waffles Fried Egg Onion Rings
ON THE SIDE	Turmeric rice Refried beans Green beans	Potato wedges Peas Sliced Carrot	Steamed Rice Naan Bread Mango Chutney Tomato, Onion & Coriander Salad	Spaghetti Sweetcorn Garlic Slice	Chunky Chips Peas Chip Shop Curry sauce	Jacket Potatoes Deli Salads	Baked Beans Grilled Tomato Toast
JACKET & PASTA BAR	Jacket Potatoes or Pasta with fresh sauces & toppers	Jacket Potatoes or Pasta with fresh sauces & toppers	Jacket Potatoes or Pasta with fresh sauces & toppers	Jacket Potatoes or Pasta with fresh sauces & toppers	Jacket Potatoes or Pasta with fresh sauces & toppers		
HOT DESSERT	Lemon & Blueberry sponge with Custard	Vanilla Rice Pudding with Fruit Compote	Apple & Raspberry Oaty crumble with Custard	Chocolate & Caramel Bread & butter pudding with Custard	Pear & Sultana Sponge with Cream	Warm Chocolate Brownie & Cream	
<small>FOUNDED IN 1997</small> HOLROYD HOWE <small>FEEDING INDEPENDENT MINDS</small>							

