

**Super-Curricular Opportunities**

Subject	Post-16	Post-16 Book/Broadcast/Competition	Websites / Virtual Tours
<p><b>Psychology</b></p>	<ul style="list-style-type: none"> <li>• Carry out your own review of research into social media: What does research suggest overall? Is there a balance between potential positive and negative effects?</li> <li>• Explain the biological, cognitive and emotional characteristics of OCD.</li> <li>• Cognitive Behavioural Therapy (CBT) combines two approaches and can be an effective form of treatment for a variety of issues and disorders. Research what CBT involves and create an information leaflet for people who have been offered this intervention.</li> </ul>	<p>TV Programmes: BBC documentary 'Extreme OCD Camp' 'Deranged Killers: Charles Whitman'</p> <p>Films: 'Rainman' (1988) 'A Dangerous Method' (2011)</p> <p>Books:</p> <ul style="list-style-type: none"> <li>• How the Mind Works by Steven Pinker</li> <li>• Reaching Down the Rabbit Hole, by Dr Allan H. Ropper &amp; Brian David Burrell</li> <li>• The Happiness Hypothesis, by Johnathan Haidt</li> <li>• The Little Book of Psychology, by Emily Ralls and Caroline Riggs</li> <li>• The Man Who Mistook His Wife for a Hat, by Oliver Sacks ...</li> </ul> <p>Ted Talks: <a href="#">Barry Schwartz: The paradox of choice   TED Talk</a></p> <p>Competitions: Jock Locke Essay Prize Minds Underground Essay prize</p>	<p>Psychology websites: <a href="#">A Level Psychology Revision   S-cool, the revision website</a></p> <p>tutor2u.co.uk: <a href="#">Psychology   Psychology   tutor2u</a></p> <p>Psychology Today: <a href="#">Psychology Today: Health, Help, Happiness + Find a Therapist</a></p>